

Introducing Our Family Medicine Residents

Frequently Asked Questions

What is a family medicine resident?

A resident is a physician (doctor) who has graduated from medical school. Family medicine residents have chosen family medicine as their career and are completing a three-year period of advanced training called a residency. Hudson Headwaters' resident doctors are affiliated with Saratoga Hospital and see patients of all ages at Glens Falls Family Health (GFFH).

What can I expect as a patient?

A resident doctor is a member of your care team. They can talk with you about your concerns, do an exam, determine what is wrong, teach you about your illness, write prescriptions, order labs and tests, document in your medical record and call consultants and specialists. Like other providers, the resident doctor will be involved in all aspects of your care.

Who is on my "care team?"

On your care team, you will have a resident doctor, a supervising doctor, advanced practice clinicians, nurses, care managers, behavioral health specialists and other team members as needed to maximize your health.

Is a resident a "real doctor?"

Yes. Resident doctors have graduated from medical school and earned either an M.D. or a D.O. degree. You can be confident knowing that you have a resident doctor and a supervising doctor working closely together to ensure the best care for you and your family.

Will I always see the same resident doctor?

Since a resident doctor is a primary care physician, the goal is for you to see your resident doctor at each of your visits. There are times when you may not see your resident doctor, but you will always be seen by a member of your care team.

How long will my resident doctor be part of my care team?

A family medicine residency takes three years to complete. When your resident doctor completes their residency at the end of the three years, a new resident doctor will be brought onto your care team. Our hope is that your resident doctor will decide to stay in Glens Falls after they graduate.

What are the benefits of having a resident doctor?

Resident doctors have more time scheduled to spend with you, so you will feel less rushed during your visit. Since resident doctors are in a training program, they are up to date on the best clinical practices and guidelines in medicine. They work with a supervising doctor, and you will have two qualified physicians overseeing your care. You also will serve as a teacher for the resident doctor, as physicians always learn the most from working with their patients. You will be directly supporting the future of health care in our community!

If the resident doctor is affiliated with Saratoga Hospital, do I need to get inpatient care there?

No. Although your resident physician is affiliated with Saratoga Hospital, this does not impact where it is most convenient for you to get your labs, imaging tests or inpatient care.



The residency program at Glens Falls Family Health supports Hudson Headwaters' mission to provide high-quality care and access to that care by helping to train and recruit the next generation of providers.

Meet Our Residents

YEAR 3



Meghan Pentak, M.D.
Glenmont, NY



Farhan Rana, M.D.
Mississauga, CAN



Ankit Singh, M.D.
Latham, NY

YEAR 2



Edelann Abreo, M.D.
Little Ferry, NJ



Joseph Arena, M.D.
Medford, NY



Tomislav Medved, M.D.
Willoughby Hills, OH

YEAR 1



Sana Effendi, D.O.
Clifton Park, NY



Dennis Howard, M.D.
Menands, NY



Liudmyla Iemeljanova, M.D.
Porter Corners, NY

Working Together, Learning Together

The Saratoga Hospital Family Medicine Residency Program, a collaboration with Albany Medical Center and Hudson Headwaters Health Network, benefits our organizations, our communities and the patients and families we serve.

FOR MORE INFORMATION

Please contact Glens Falls Family Health at 518-824-8181 or visit HHHN.org.