



Care for Every Part of Life

One of your most important medical relationships is the one you have with your women's health provider and care team. That's why our providers offer:

- **Obstetrical and midwifery care:** family planning, prenatal care and delivery
- **Gynecology:** menstrual issues, STIs, cancers, diseases of the breasts and pelvic organs and menopause
- **Adolescent gynecology:** first exams, puberty, menstrual issues and more
- **Behavioral health care**
- **Imaging:** ultrasound, DEXA bone density scan, mammography and more
- **Laparoscopic-assisted vaginal hysterectomy (LAVH):** small incisions and quicker recovery
- Specialized care by Albany Medical Center's Maternal Fetal Medicine team

Specialty Care

If you have a complicated condition or gynecological cancer, our providers will refer you to the best specialists in the area, some of whom even maintain office hours at our women's health practice. If you have a high-risk pregnancy, we will call on our relationships with collaborating facilities in the region to ensure you and your baby get the best care available.



Find a Women's Health Provider

Our women's health practice is at **90 South Street in Glens Falls** across the street from Glens Falls Hospital. Call **518-792-7841** to schedule an appointment with one of our providers.

Additional Locations

- **Warrensburg Health Center**
518-623-2844
(Lab, Imaging and 7-Day Urgent Care)
- **Moreau Family Health**
518-761-6961
- **West Mountain Family Health**
518-824-8610

Your Local Health Center

Discuss your health concerns or interests with your primary care provider at your next visit. They may offer routine annual pelvic exams and Pap tests themselves. If you'd prefer to see a women's health specialist, or if your primary care provider recommends that you do, they can refer you to one of our women's health providers.

Women's Health



HHHN.org



Hudson Headwaters Health Network is a 501(c)(3) nonprofit and Federally Qualified Health Center (FQHC) funded in part through a grant from the U.S. Department of Health and Human Services and generous community support. Hudson Headwaters Health Network is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n). Hudson Headwaters Health Network is granted medical malpractice liability protection through the Federal Tort Claims Act (FTCA) and its employees are considered Federal employees with the Federal government acting as their primary insurer.

4/2025

Providing the best health care, and access to that care, for all of the women in our communities



Every Woman Deserves Special Care

Hudson Headwaters Health Network provides a full array of women's health care services throughout the North Country and Glens Falls. We understand that treating women's health issues is a highly personal experience—and you need a provider you can trust.

Your Women's Health Care Team

Your women's health provider, nurses, support staff and other health care professionals work as a team to deliver quality, evidence-based care. They'll help you learn how to manage your own health effectively, no matter what stage of life you've reached. If you're pregnant, they'll even help you choose a pediatrician before you greet your baby.

Coordinating Your Care

Your women's health provider will work closely with your primary care provider. Either of these providers can help you if you have an urgent or routine women's health problem. Call during regular business hours to make an appointment. They may be able to see you the same day.

After-Hours

If you have a women's health concern after hours or away from home, you can:

- Call your health center to reach an on-call provider
- Visit our urgent care centers in Warrensburg or Glens Falls

If you have extreme pelvic pain or vaginal bleeding that doesn't stop or slow, or if you are pregnant and suspect your pregnancy is at risk, go to the nearest hospital or call 911.

Secure Online Health Portal

Most of your personal health information is available for your review on our secure online health portal, which you can access from your computer or mobile device. If you're a legally recognized family caregiver, you can use the portal to coordinate care for your loved ones.

Test Results

We'll call or email you (your choice) when test results are available through the mail or portal.

Prescription Renewals

Call your pharmacy to request non-urgent medication refills. If you need provider approval, request it through the portal or call your health center at least three business days before your current prescription runs out.



Payment

We participate with most major insurers, including Medicare and Medicaid. Please bring your insurance card to every visit. If we do not participate with your insurance plan, services are not covered by your plan or you have a deductible or copay, you are responsible for payment in full at the time of your visit. We can help you set up a budget plan to cover these costs. If you have questions, please call our Patient Support team at 518-761-0300 ext. 31438 between 8 a.m. and 4:30 p.m.

Need to Change Your Appointment?

If you need to cancel or reschedule an appointment, please call at least 24 hours in advance or you may be charged a \$25 fee.

Financial Assistance

We care for every woman in our communities, regardless of financial or insurance status. Our Sliding Fee program sets your costs for care and prescriptions based on your income and household size. If you are eligible, you may also receive discounts through our pharmacy program. For more information or assistance, please call 518-824-8640.

VISIT US ONLINE: **HHN.ORG**