HUDSON HEADWATERS HEALTH NETWORK

THE University of Vermont HEALTH NETWORK

Champlain Valley Physicians Hospital



Introducing Our Family Medicine Residents

Frequently Asked Questions

What is a family medicine resident?
A resident is a physician (doctor) who has graduated from medical school and chosen to complete a three year residency in family medicine. Each July, CVPH welcomes a new class of six residents into the program. Two residents from each class see patients at Champlain Family Health.

What can I expect as a patient?
As a patient, the resident is another doctor that is a member of your care team. They are able to make diagnoses, interview, do an exam, educate, initiate care plans, write prescriptions, order labs and tests, document in your medical record or call in consultants and specialists. The resident will be involved in all aspects of your care.

Who is on my "care team?"
Your care team will include a resident physician, a supervising physician, advanced practice clinicians, nurses and other staff members as needed.

Will I always see the same resident?
As the resident is one part of your entire care team, there are times when you may not see the resident, but you will always be seen by a member of your team.

Is a resident a "real doctor?"
A resident has graduated from medical school, and is an M.D. or D.O. completing a residency in family medicine. You can be confident in knowing that you will have two doctors working closely together to ensure the best care is provided to you and your family.

If I am admitted to the hospital, will my resident see me there?
If you are admitted to CVPH, our plan is to make every effort possible to follow you while you are admitted. You may also see a different resident that has been assigned to the inpatient service. You would then follow up with the resident physician on your care team upon discharge.

On the hospitalist service, how will we know which patients have been assigned to a resident?
On the inpatient medicine service, each resident will be assigned a panel of patients to care for throughout their stay. The teaching service will include residents, academic hospitalists and family medicine faculty.

What is my resident doing when they are not in the clinic?
Part of a family medicine residency is gaining additional experience in a variety of different specialties, including: obstetrics, gynecology, pediatrics, acute care, inpatient medicine, emergency medicine, cardiology and surgery.

How long will my resident be a part of my care team?
It takes three years for a resident physician to complete their family medicine residency. When your resident is graduating at the end of the three years, we will have a transition plan in place for a new resident physician to be brought onto your care team.

Meet Our Residents



Anna Michalik, D.O.

Medical School
Arkansas College of Osteopathic Medicine

Hometown
Long Island, New York



Jessica Sandoval, M.D.

Medical School
Poznan University of Medical Sciences

Hometown
Tottenham, Ontario



Irzam Khan, M.D.

Medical School
St. George's University School of Medicine

Hometown
Ontario, Canada



Kieu-My Nguyen, D.O.

Medical School
University of New England College of Osteopathic Medicine

Hometown
Meriden, Connecticut



Louisa Da Costa-Mendes, M.D.

Medical School
Saba University School of Medicine

Hometown
Candiac, Quebec



Brady Gordon, M.D.

Medical School
St. George's University School of Medicine

Hometown
Killarney, Manitoba

Working Together, Learning Together

The CVPH Family Medicine Residency Program is an academic partnership between Hudson Headwaters and University of Vermont Health that benefits our organizations, communities and the patients and families we serve.

Studies show that 60% of all family medicine residents set up practice within 100 miles of the community where their residency was completed because of the many relationships formed during their residency. The CVPH Family Medicine Residency Program can begin to alleviate the region's primary care provider shortage and ensure our communities have adequate access to care for years to come.

FOR MORE INFORMATION
Please contact Champlain Family Health at **518-298-2691**, visit **HHHN.org** or **UVMHealth.org**.

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