

MENTAL HEALTH RESOURCES

Clinton, Essex, Franklin and Hamilton Counties

Behavioral Health Services North (BHSN)

2155 NY-22B, Morrisonville
518-563-8000

Offers counseling and medication management for all ages, as well as substance abuse treatment for all ages. Services are also offered via telehealth.

Brave Health

Virtual Only
305-902-6347

Offers counseling and medication management to all ages.

Citizen Advocates | Malone

31 Sixth St, Malone
518-483-3261

Offers counseling and medication management to all ages.

Citizen Advocates | Saranac Lake

70 Edgewood Dr, Saranac Lake
518-891-5535

Offers counseling and medication management to all ages.

Clinton County Mental Health

130 Arizona Ave, #1500, Plattsburgh
518-565-4060

Offers counseling and medication management for Clinton County residents of all ages. This includes mental health consultations and evaluations. Also offers evaluations, referrals, and outpatient treatment of substance abuse.

Champlain Valley Family Center

20 Ampersand Dr, Plattsburgh
518-561-8480

Offers substance use treatment, school-based prevention, community-based prevention, supportive housing, and intensive family support program.

Essex County Mental Health

7513 Court St, Elizabethtown
518-873-3670

Offers counseling, medication management, and evaluations for Essex County residents of all ages.

North Country Behavioral Medicine

8 Broad St, Plattsburgh
518-825-1555

Offers counseling, medication management, transcranial magnetic stimulation, and eye movement desensitization and reprocessing therapy for all ages. Services are also offered via telehealth.



Get Connected. Get Help.™

2-1-1 is the one number to call to find or give help in Albany, Clinton, Columbia, Essex, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.

2-1-1 is an easy-to-remember telephone number to call for free and confidential community referrals that connects callers with resources providing food, shelter, rent assistance, clothing, childcare options and other types of community assistance. Trained referral specialists are multi-lingual and available to help individuals find the help they need.