

MENTAL HEALTH RESOURCES

Clinton, Essex, Franklin and Hamilton Counties

Behavioral Health Services North (BHSN)

2155 NY-22B, Morrisonville
518-563-8000

Offers counseling and medication management for all ages, as well as substance abuse treatment for all ages. Services are also offered via telehealth.

Brave Health

Virtual Only
305-902-6347

Offers counseling and medication management via telehealth, ages 16+.

Citizen Advocates | Malone

31 Sixth St, Malone
518-483-3261

Offers counseling and medication management for all ages. Walk-ins welcome.

Citizen Advocates | Saranac Lake

70 Edgewood Rd, Saranac Lake
518-891-5535

Offers counseling and medication management for all ages.

Clinton County Mental Health

130 Arizona Ave, #1500, Plattsburgh
518-565-4060

Offers counseling and medication management for Clinton County residents of all ages. This includes mental health consultations and evaluations. Also offers evaluations, referrals and outpatient treatment of substance abuse. Walk-ins welcome.

Champlain Valley Family Center

20 Ampersand Dr, Plattsburgh
518-561-8480

Offers substance use treatment, school-based prevention, community-based prevention, supportive housing and an intensive family support program for ages 5+.

Essex County Mental Health

7513 Court St, Elizabethtown
518-873-3670

Offers counseling, medication management and evaluations for Essex County residents of all ages. School-based services available.

Monarch Winds Mental Health Counseling

107 Hammond Lane, Suite 2, Plattsburgh
315-203-5545

Offers counseling for all ages. Specializes in anxiety, depression, teen mental health, life transitions, college planning and career planning.

North Country Behavioral Medicine

8 Broad St, Plattsburgh
213 W Main St, Malone
518-825-1555 / 518-481-8744

Offers counseling, medication management and transcranial magnetic stimulation (TMS) for all ages. Services are also offered via telehealth.

Peaceful Pathways

20 Miller St, Plattsburgh
518-565-9577

Offers in-office and telehealth counseling for all ages. Specializes in individual, family and group therapy.

2-1-1

Get Connected. Get Help.™

2-1-1 connects callers in Albany, Clinton, Columbia, Essex, Fulton, Green, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties with resources providing food, shelter, rent assistance, clothing, childcare options and other types of community assistance. Well-trained, multi-lingual referral specialists are here to help.

HHHN.org

Updated 08/26

Information may change. Check organizations' websites to stay up-to-date.



**HUDSON
HEADWATERS**
HEALTH NETWORK