



PALLIATIVE CARE

A service to improve quality of life for patients and families dealing with serious illnesses.

What is Palliative Care?

Palliative care is specialized medical care for people with serious illnesses like COPD, congestive heart failure, kidney disease, cancer, Parkinson's disease or dementia and is available to patients at any stage of an illness.

Palliative care helps people live as well as they can for as long as they can.

Palliative care services are offered:

- In your home through our Homeward Bound Program
- At select area nursing homes and Hudson Headwaters health centers
- Via Telehealth

Palliative care services are provided based on your needs. Services might include:

- Helping you manage the stress of serious illness
- Meeting with you and your family to discuss your disease and the benefits and risks of treatments and procedures
- Providing information about what to expect in the future so that you can decide what treatments are right for you
- Managing symptoms that interfere with daily life
- Exploring your situation and recommending support services in your home
- Assisting you in completing advance directives, such as a health care proxy and living will

Call 518-798-1859 or learn more at HHHN.org

Hudson Headwaters Health Network is a 501(c)(3) nonprofit and Federally Qualified Health Center (FQHC) funded in part through a grant from the U.S. Department of Health and Human Services and generous community support. Hudson Headwaters Health Network is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n). Hudson Headwaters Health Network is granted medical malpractice liability protection through the Federal Tort Claims Act (FTCA) and its employees are considered Federal employees with the Federal government acting as their primary insurer.



**HUDSON
HEADWATERS**
HEALTH NETWORK