

MEDICATION ALGORITHM: NONBLACK < 60 YEARS

ACEI/HCTZ

(advance stepwise)

Lisinopril/hctz 20/25 - 0.5 tab po qd

Lisinopril/hctz 20/25 - 1.0 tab po qd

Lisinopril/hctz 20/25 - 2.0 tab po qd

**IF PREGNANT OR AT RISK FOR
PREGNANCY do not use acei/arbs**

IF ACEI INTOLERANT due to cough

ARB

(advance stepwise)

Losartan/HCTZ 50/12.5 mg po qd

Losartan/HCTZ 100/12.5 mg po qd

Losartan/HCTZ 100/25 mg po qd

if not controlled, add

CALCIUM CHANNEL BLOCKER

(advance stepwise)

Amlodipine 2.5 mg po qd

Amlodipine 5 mg po qd

Amlodipine 10 mg po qd

if not controlled, add

MINERALOCORTICOID ANTAGONIST

(advance stepwise)

(if egfr > 60 and K < 4.5)

spironolactone 12.5 mg po qd

spironolactone 25 mg po qd

if not controlled, add

BETA BLOCKER

(advance stepwise)

(keep heart rate > 55)

Metoprolol succinate 25 mg po qd

Metoprolol succinate 50 mg po qd

Metoprolol succinate 100 mg po qd

Metoprolol succinate 200 mg po qd

IF NOT CONTROLLED, REFER BACK TO PCP OR TO HYPERTENSION SPECIALIST