

## MEDICATION ALGORITHM: NONBLACK > 60 YEARS

### CALCIUM CHANNEL BLOCKER

(advance stepwise)

Amlodipine 2.5 mg po qd

Amlodipine 5 mg po qd

Amlodipine 10 mg po qd

If not controlled, add

### THIAZIDE DIURETIC

(advance stepwise)

Hydrochlorothiazide 12.5 mg po qd

Hydrochlorothiazide 25 mg po qd

If not controlled, add

### ACEI

(Advance stepwise)

Lisinopril 10 mg po qd

Lisinopril 20 mg po qd

Lisinopril 40 mg po qd

### OR

### ARB

(if acei intolerant due to cough)

(advance stepwise)

Losartan 25 mg po qd

Losartan 50 mg po qd

Losartan 100 mg po qd

If not controlled, add

### MINERALOCORTICOID ANTAGONIST

(advance stepwise)

(if egfr > 60 and K < 4.5)

spironolactone 12.5 mg po qd

spironolactone 25 mg po qd

if not controlled, add

### BETA BLOCKER

(advance stepwise)

(keep heart rate > 55)

Metoprolol succinate 25 mg po qd

Metoprolol succinate 50 mg po qd

Metoprolol succinate 100 mg po qd

Metoprolol succinate 200 mg po qd

**IF NOT CONTROLLED, REFER BACK TO PCP OR TO HYPERTENSION SPECIALIST**