

## MEDICATION ALGORITHM: BLACKS/AFRICAN AMERICANS

### CALCIUM CHANNEL BLOCKER

(advance stepwise)

Amlodipine 2.5 mg po qd

Amlodipine 5 mg po qd

Amlodipine 10 mg po qd

If not controlled, add

### THIAZIDE DIURETIC

(advance stepwise)

Hydrochlorothiazide 12.5 mg po qd

Hydrochlorothiazide 25 mg po qd

If not controlled, add

### ACEI

### OR

### ARB

(do not use if pregnant or risk of pregnancy)

(Advance stepwise)

Lisinopril 10 mg po qd

Lisinopril 20 mg po qd

Lisinopril 40 mg po qd

(do not use if pregnant or risk of pregnancy)

(if acei intolerant due to cough)

(advance stepwise)

Losartan 25 mg po qd

Losartan 50 mg po qd

Losartan 100 mg po qd

If not controlled, add

### BETA BLOCKER

(advance stepwise)

(keep heart rate > 55)

Metoprolol succinate 25 mg po qd

Metoprolol succinate 50 mg po qd

Metoprolol succinate 100 mg po qd

Metoprolol succinate 200 mg po qd

if not controlled, add

### MINERALOCORTICOID ANTAGONIST

(advance stepwise)

(if egfr > 60 and K < 4.5)

spironolactone 12.5 mg po qd

spironolactone 25 mg po qd

**IF NOT CONTROLLED, REFER BACK TO PCP OR TO HYPERTENSION SPECIALIST**