



Department of Transportation (DOT) Medical Examination Directions

Dear Patient:

You are scheduled for a Department of Transportation (DOT) examination with a provider who has been certified to do this type of examination. During the exam, you will need to review your medical history and may be asked to provide documents supporting your ability to safely drive. Failure to provide such information, including disclosure of all conditions and medications you are taking, may result in disqualification or delay in your certification. Examples of important medical conditions might include:

- Diabetes
- Asthma
- Heart, kidney, or lung conditions
- Sleep apnea or excessive sleepiness
- Epilepsy, dizziness, or visual problems
- High blood pressure

You should bring with you supporting documents such as:

- Medication lists and doses, including blood thinners and insulin
- Test results, such as recent lab tests, including INR's ("Coumadin" levels)
- Results of heart tests, such as EKGs, echocardiograms, stress tests, or pacemaker checks
- Pulmonary Function Tests
- Sleep studies and/or CPAP log
- Any previous DOT waivers (vision, diabetes, SPE certificate)

A copy of the Medical Examination Report Form can be found [here](#). Section one is yours to complete, and we encourage you to do so before your visit. We would also encourage you to read the form for information regarding qualifying and disqualifying measures and conditions. Please bring this form with you to your visit.

The cost of a DOT medical examination is \$195.00. Payment is expected at time of service. Hudson Headwaters contracts with many local employers to perform this service at a discount. Please contact your employer regarding this discount. If your employer does contract with Hudson Headwaters, please bring any required forms with you to the appointment.

If you are unable to keep your appointment for any reason, please call us right away so that we may cancel and reschedule your appointment.

Sincerely,

Hudson Headwaters Health Network