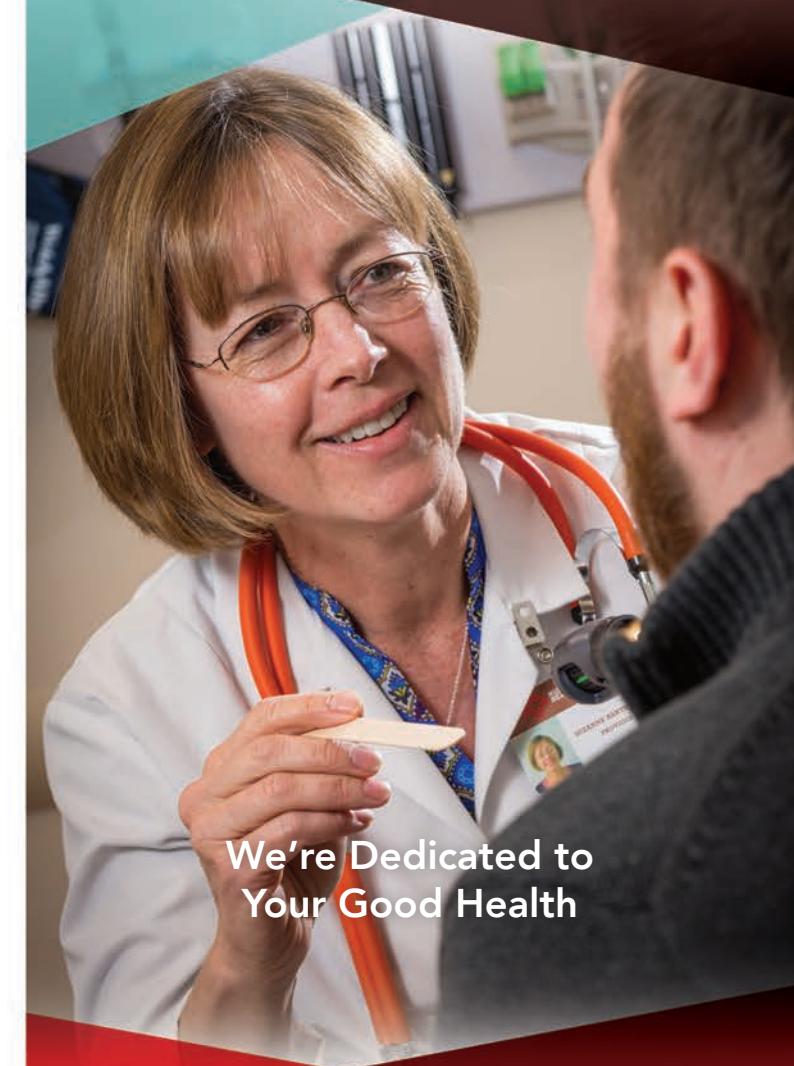


YOUR PRIMARY CARE TEAM



We're Dedicated to
Your Good Health

Your Medical Home

We are privileged to be your "medical home" – the caregivers, professionals, and place you turn to first for medical attention. Your primary care team is dedicated to addressing your health concerns and helping you get, and stay, on a track of health and wellness. Call your primary care provider for yearly check-ups or when you aren't feeling well.

Visit us on the web for more information about the array of services and locations available to you through Hudson Headwaters:

www.hhhn.org



Financial Services

We care for everyone in our communities regardless of financial or insurance status, and participate with most major insurers. You are responsible for payment in full at the time of your visit for non-covered services, co-payments, unmet deductibles or other charges if we do not participate with your insurance plan. Please bring your insurance card to every visit. When you receive multiple services from Hudson Headwaters on the same or different days, the services may be billed in addition to your primary care visit.

For questions about Hudson Headwaters billing, or if you would like to set up a budget/payment plan, please call our Patient Support Services team: (518) 761-0300, ext. 31438, between 8:00am and 4:30pm.

Need Financial Assistance?

We offer a Sliding Fee Program that matches the cost of your care (and prescriptions) with your ability to pay, based on income and household size. For more information, please call us: (518) 824-8640.

VISIT US:

24/7
ONLINE
ACCESS

On the web: www.hhhn.org

Administrative Offices:
9 Carey Road, Queensbury, NY



Hudson Headwaters Health Network is a Federal 330 Health Center Program grantee under 42 USC 254b, and deemed Public Health Service employee under 42 USC 233 (g)-(n).

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HUDSON
HEADWATERS
HEALTH NETWORK

Make a Healthy Connection
online at: www.hhhn.org

BETTER ACCESS TO CARE

Your primary care team at Hudson Headwaters is a partnership of you, your chosen primary care provider, nurses, support staff and other health care professionals. Together, your care team offers tools and guidance to help you manage your own health.

Our goal is to help you stay as healthy as possible by providing you with quality care, better understanding of your health, online access to your personal health information, and by coordinating your medical services with other health care providers (specialists and hospitals).



HEALTH CARE FOR EVERYONE

Make a Healthy Connection
online at: www.hhhn.org

YOUR PRIMARY CARE TEAM

Primary Care Providers

Physicians, nurse practitioners, physician assistants, and other medical professionals manage your care and will help you think through important health decisions. To make sure that you are getting the care you need, they may connect you with other members of your care team or medical specialists in the community.

Nurses and Medical Assistants

These are the first people you connect with when you have a health concern. They work closely with the other members of your primary care team.

Nutrition Counselors

You may be referred to one of our nutrition counselors to help you improve your health by learning how to eat well and make healthy food choices.

Diabetes Educators

Your primary care provider may refer you to one of our diabetes educators. These professionals are here to help you learn about diabetes, pre-diabetes, how to cope with the condition, and how to minimize the risk of complications.

Care Managers

Hudson Headwaters' care managers coordinate your care and help you better understand and self-manage your condition(s).

Behavioral Health Consultants

Behavioral Health professionals focus on a particular concern or challenge you're facing. They support your medical care and offer help with mental health concerns. Together with your primary care team, our consultants can help you make healthy lifestyle changes, reflect on and change harmful habits, cope with stress and/or personal loss, and learn and use self-care techniques.

Your Responsibilities

As an essential member of your care team, you have responsibilities when it comes to your own good health. It's critical that you give your team an accurate medical history, including a complete list of the medications, substances, and supplements you take. It's up to you to keep each appointment you make and to follow the mutually agreed upon prescribed course of treatment. Let your provider know whether you clearly understand explanations and instructions, and if you have concerns about a specific instruction. Tell your care team whenever there is a change in your condition.

Your Patient Portal

Please sign up for your Hudson Headwaters Patient Portal. It has many advantages, including secure online access to most personal health information. You can view your medication list, allergies, immunizations, appointment history, and most test results. You can complete and update medical forms, send email messages to your primary care team, and request non-urgent appointments and medication renewals. Family caregivers can be given access to the medical information of those in their charge.

Screen-friendly, from desktops to mobile devices!



**HUDSON
HEADWATERS**
HEALTH NETWORK