



Participating Health Plans/Insurers

Hudson Headwaters Health Network participates in many insurance plans. Please review the list below. If your insurance plan is not on the list, please call them directly for more information.

Health Insurance Plan/Carrier	
Beech Street Corporation	Medicaid
Blue Shield of Northeastern New York	MultiPlan
CDPHP	MVP
Coventry/First Health	Optum
Emblem Health – GHI	POMCO
Empire Blue Cross Blue Shield	Today's Options
Excellus	TriCare (HealthNet Federal Services)
Fidelis Care	UnitedHealthcare
Humana (Medicare plans only)	US Family Health Plan (Martin's Point)
Magellan	Value Options
Medicare	NYS Empire Plan

For any additional questions please call our Patient Support Services team at 518-761-0300, ext. 31400, between 8:00am and 4:30pm.