

Dear Friends,

We are delighted to share the latest edition of our Hudson Headwaters Health magazine! More than 79,000 copies will be distributed throughout the network's service region including Tupper Lake and Saranac Lake, the locations of our two newest health centers. Your personal copy will arrive very soon—here is a sneak peek of the [digital edition](#).

This magazine represents our mission in action. Our goal to provide high-quality health care for everyone in our communities translates into countless stories of the people and partners living and breathing this work every day.

As a donor, your impact is reflected on every page. Thank you for empowering progress on behalf of our patients and communities. Together, we are truly building healthier communities.

In good health,



Jessica Rubin
Vice President, Philanthropy and Communications



You're Invited!

The John Rugge Legacy Society Virtual Event

Wednesday, November 11, 2020

Noon



Dr. Tucker
Slingerland



Dr. John
Rugge



Dr. Suzanne
Bergin

Please join us for a virtual conversation on attracting the next generation of providers to our region with CEO Dr. Tucker Slingerland, Founder Dr. John Rugge and Physician Recruitment Lead Dr. Suzanne Bergin. This event is sponsored by the [John Rugge Legacy Society](#).

[**RSVP Now**](#)

Investing in Community Health



Hudson Headwaters goes “upstream” to address food, housing and other socio-economic issues before they lead to negative health consequences. Read more about the [Upstream Fund](#) in the *Hudson Headwaters Health* magazine.

Picture: A Hudson Headwaters provider with his family at Silver Bay YMCA, a 2020 Upstream Fund grant recipient.

Hudson Headwaters in the News

Chief Medical Officer Dr. William Borgos talks to [LookTV](#) about the importance of getting the flu shot during a pandemic.



The [Adirondack Daily Enterprise](#) highlights Hudson Headwaters’ newest locations in Saranac Lake and Tupper Lake, formerly Adirondack Internal Medicine & Pediatrics.

Linda Spokane, VP, population health,
speaks with Benita Zahn of [News
Channel 13](#) about the Program of
All-inclusive Care for the Elderly (PACE).



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