



If you or a loved one are facing the pain and stress of a serious illness, Hudson Headwaters can help. Our palliative care team at Glens Falls Hospital offers an approach to illness that focuses on relieving pain and alleviating stress. Let us help you and your family navigate the journey through serious illness.

**Available at Glens Falls Hospital
from 8 a.m.-5 p.m., 7 days a week**

518-683-6246

Inpatient **PALLIATIVE CARE**

**For Glens Falls Hospital
Patients & Families
Facing Serious Illness**

VISIT US:



www.hhnhn.org/services/palliative-care/



Palliative Care Offices
West Mountain Health Services,
Building 1A
161 Carey Road, Queensbury, NY



**24/7
ONLINE
ACCESS**

**Managing a serious illness is
stressful but you don't have
to go through it alone.**

**Make a Healthy Connection
online at www.hhnhn.org**

Hudson Headwaters Health Network is a Federal 330 Health Center Program grantee under 42 USC 254b, and deemed Public Health Service employee under 42 USC 233 (g)-(n).

What is Palliative Care?

Palliative care is specialized medical care for people with serious illnesses like COPD, congestive heart failure, kidney disease, cancer, Parkinson's disease or dementia and *is available to patients at any stage of an illness.*

Palliative care helps people live as well as they can for as long as they can.

Your Hudson Headwaters Inpatient Palliative Care Team at Glens Falls Hospital



Sharon Shannon,
NP, ACHPN



Sean Campanie,
NP



Abby Charter,
PA-C



Wendy
Steinhacker, PA-C



Brenda Stevens,
RN, CHPN



Noelle Stevens,
M.D.



Palliative care specialists provide support based on your needs. Services might include:

- Managing symptoms like pain and anxiety that interfere with daily life
- Meeting with you and your family to discuss your disease and the benefits and risks of treatments and procedures
- Providing information about what to expect in the future so that you can decide what treatments are right for you
- Helping you manage the stress of serious illness
- Exploring your situation and recommending support services in your home
- Assisting you to complete advance directives such as a health care proxy and living will

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