

HOMeward BOUND

Bringing Health Care Home

A Hudson Headwaters' home-based care program for homebound patients living in the greater Glens Falls & Warrensburg regions

Services Include:

- **Routine Visits** (Chronic and Current Health Conditions)
- **Acute Visits**
- **Physical Exams**
- **Advance Care Planning** (Health Care Proxy)
- **Health Maintenance** (Vaccinations, Medication Review, Diet, Exercise, etc.)
- **Diagnostic Testing** (X-rays, EKG, CT Scans or Lab/Blood Tests)



**HUDSON
HEADWATERS**
HEALTH NETWORK

Make a Healthy Connection
online at www.hhhn.org

Meet Your Homeward Bound Team



**Glen
Anderson,
PA-C**



**Alexis
Mondella,
FNP**



**Mary
Stein,
ANP**



**Gail Aiken,
RN,
Care Manager**

How is this different from other home health care agencies?

When your illness or health condition makes it too challenging for you to travel to a health center, a Hudson Headwaters provider will bring high-quality care to you at home. We are committed to caring for your overall health.

Is this right for me or my loved one?

If you have a serious illness or disability (at any age) that keeps you homebound, the Homeward Bound team may be able to help. *It is important for you to discuss our services with your current Hudson Headwaters primary care provider.*

**TO SIGN-UP,
TALK TO
YOUR PROVIDER
TODAY**

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