

# THE INSIDER

Special Updates for Supporters and Partners



## 2021 Upstream Fund Grant Recipients



The Hudson Headwaters Health Foundation Upstream Fund partners with the [Adirondack Foundation Generous Acts](#) Program to invest in community projects that address social determinants of health. The goal is to go “upstream” and support initiatives that strengthen food systems, housing, employment and other factors that influence health.

[Learn more](#) about our partnership for community health.

### **2021 Upstream Fund Grant Recipients and Projects:**

#### *Adirondack Community Action Program*

Support for childcare provider start-up kits to encourage new providers in Essex County and continuing education opportunities for all.

#### *Adirondack Council*

Support for the Essex Farm Institute’s collaborative work to identify gaps and realistic solutions to help strengthen and promote a more resilient regional food system. (pictured above)

*Saranac Lake Voluntary Health Association*

Support to amplify their reach and serve even more residents of the greater Saranac Lake community through medical and dental program underwriting.

*Town of Chester Public Library*

Support to purchase laptops that patrons may use to more easily and privately access essential online services such as telehealth and virtual learning.

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## **Provider Spotlight: Christine Calistri, F.N.P**



[Christine Calistri, F.N.P.](#) recently joined Hudson Headwaters as the lead provider of the new mobile health program. Christine graduated from Sage Graduate School Family Nurse Practitioner Program and served as an officer in the US Navy Nurse Corps for six years. She is excited to bring health care directly to residents in their towns and believes in a holistic care plan for individuals. Learn more about Hudson Headwaters Mobile Health at [hhn.org/mobilehealth](http://hhn.org/mobilehealth).

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# Salem Community Welcomes Hudson Headwaters Mobile Health



On Monday, June 14, Spectrum News visited our new Mobile Health Center at its flagship site in Salem, NY. The [story](#) features CEO Dr. Tucker Slingerland as well as Salem community members.

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This summer, Hudson Headwaters is collaborating with [local farmers markets](#) all over the North Country to provide shopping bags for those in attendance. [Find a list](#) of where to get your shopping bag.

Support Hudson Headwaters while shopping on Amazon. Shop at [smile.amazon.com](https://smile.amazon.com) and Amazon will donate 0.5% of eligible purchases to your favorite charitable organization—no fees, no extra cost. [Sign up.](#)

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Hudson Headwaters Health Network has been selected as the benefiting nonprofit in the Hannaford Community Bag Program.

For the month of July 2021, Hudson Headwaters will receive a \$1 donation from each purchase of the \$2.50 reusable Community Bag at the Hannaford located at 190 Quaker Road, Queensbury, NY.

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