

THE INSIDER

Special Updates for Supporters and Partners



Beginning to Rebound



CEO Dr. Tucker Slingerland joined other industry leaders for this [Strictly Business Forum](#) on the pandemic's silver linings and lessons learned. Dr. Slingerland represented the health care sector, offering both management and frontline provider insights.

Telemedicine and the Future of Health Care



PODCAST EPISODE

Exploring the Virtual-To-Physical-Care Continuum

MVP Health Care

Dr. Tucker Slingerland and VP Medical Director, Health & Wellbeing at MVP Health Care Dr. Kim Kilby, discuss the evolution and future of telemedicine in this [podcast](#).

Mobile Health Center Expands to SUNY Adirondack Campus



Hudson Headwaters Mobile Health continues to expand! Starting February 10th, the Mobile Health Center will provide primary care services on the SUNY Adirondack campus. The new location will kick-off with a Moderna booster clinic for students. For the latest on our mobile health program, including current locations and appointment information, visit hhn.org/mobilehealth.

Hudson Headwaters Mobile Health Featured at Stewart's Shops



Dr. Tucker Slingerland was interviewed earlier this fall for Stewart's Shops in-store media. Watch the interview [here](#).

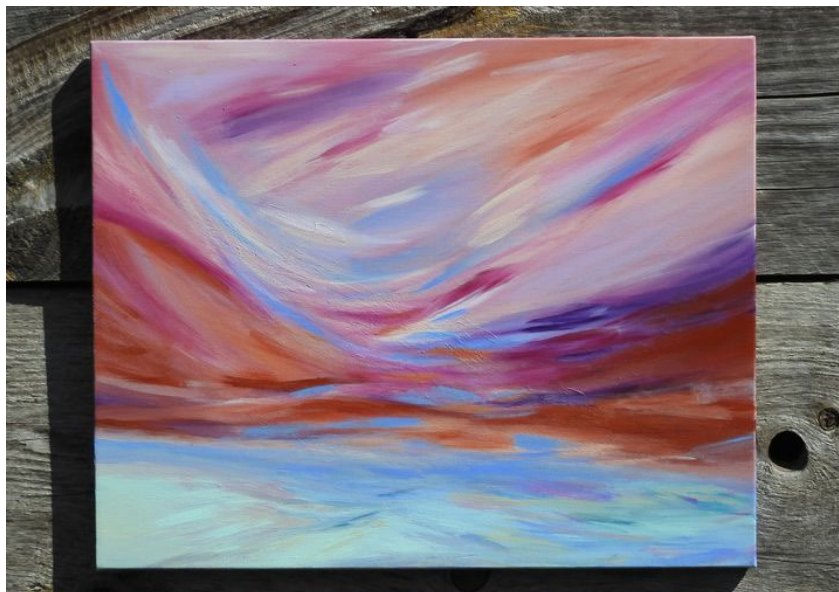
Provider Spotlight: Robert Southerland, MD



[Dr. Robert Southerland](#) is a graduate of the United States Military Academy in West Point, NY and the Texas A&M Medical School in College Station, TX. He completed his post-doctoral training at In His Image Family Medicine Residency in Tulsa, OK. Dr. Southerland specializes in Family Medicine.

To make an appointment with Dr. Southerland, contact the Chester-Horicon Health Center at 518-494-2761 or Fort Edward-Kingsbury Health Center at 518-824-8630.

A Special Thank You to Art Sale Supporters



Thank you to our partner Saratoga Arts and everyone who participated in the art sale to benefit the Upstream Fund. The art sale was a great success—42 original pieces of artwork by local artists were sold. [Click here](#) to learn more about the Upstream Fund.

Thank you to our Business Donors



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Headwaters*

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