

THE INSIDER

Special Updates for Supporters and Partners



Mobile Health Center Now Serving SUNY ADK



SUNY Adirondack joins Lake Luzerne, Salem and Whitehall as the latest mobile health center service site. SUNY Adirondack President Dr. Kristine Duffy expresses her excitement about bringing health care services to their Queensbury campus for the first time in this [Post Star article](#).

Best of the Region Nominations Open

Nominate Hudson Headwaters Health Network for The Post Star's Best of the Region

Behavioral Health
Dental Practice
Medical Group
OB/GYN Office/Women's Health Provider
Pediatric Office
Podiatrist
Primary Care Physician
Urgent Care
Company to Work for: Medium

Nomination phase: February 8 - February 24
Voting phase: March 22 - April 7

Vote for Hudson Headwaters

HUDSON HEADWATERS
HEALTH NETWORK

Please consider nominating Hudson Headwaters for The Post Star's Best of the Region through February 24. The top five businesses from every category will move on to the voting phase from March 22 through April 7.

Applicable categories include:

- [Behavioral Health](#)
 - [Dental Practice](#)
 - [Medical Group](#)
 - [OB/GYN Office/Women's Health Provider](#)
 - [Pediatric Office](#)
 - [Podiatrist](#)
 - [Primary Care Physician](#)
 - [Urgent Care](#)
 - [Company to Work for: Medium \(between 100-999\)](#)
-

Provider Spotlight: Alexandra Barbieri, MS, RD, CDN



[Alexandra Barbieri, MS, CDN](#) is a Registered Dietician and a member of our new Diabetes and Nutrition team. Learn more about Alex and her team in this [short video](#).

Alex is available for telehealth appointments Network-wide and in-person at several locations. To make an appointment, contact the Champlain Family Health Center at 518-298-2691, Moreau Family Health at 518-761-6961, Plattsburgh Family Health at 518-536-7060, Warrensburg Health Center at 518-623-2844 or West Mountain Health Services—Bldg. 2 at 518-824-8610.

New Items in the Hudson Headwaters Company Store



Check out the new lunch box, picnic blanket and stylus pen [here](#). Company store proceeds benefit Hudson Headwaters' vital mission to provide high-quality, accessible health care for everyone in our communities.

Thank you to our Business Donors



*Please support these businesses just as they support Hudson
Headwaters*

[Learn more about our NEW business donor recognition program](#)

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