

Dear Friends,

We are delighted to share the digital edition of our newest [Hudson Headwaters Health magazine](#) and [2021 Community Report!](#)

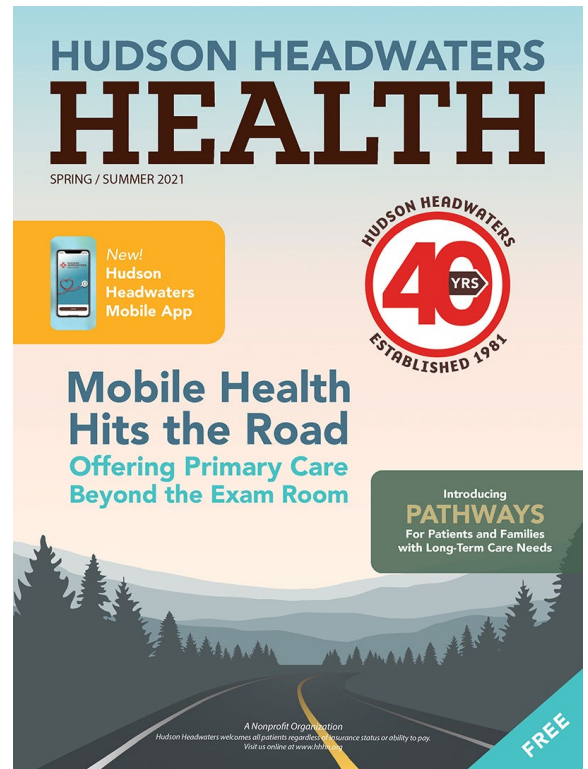
This special 40th anniversary issue features the advancements and innovations that your support helps make possible.

The health of our patients and communities remains our highest priority. Thank you for your continued partnership and support.

In Health,



Jessica Rubin, CFRE
Vice President, Philanthropy and Communications



Mobile Health Hits the Road



Beginning this spring, Hudson Headwaters Mobile Health will bring primary care services to underserved communities. Learn more about our new mobile health program [here](#).

Introducing Hudson Headwaters Pathways

Supportive Care Services For You and Your Loved Ones



Homeward Bound

Home-based primary care for patients with ongoing chronic illnesses which make it hard to leave home.



Nursing Homes

Primary care and palliative care services are provided in nearby nursing homes and rehabilitation centers.



PACE

PACE (Program of All-Inclusive Care for the Elderly) is a community-based alternative to nursing home care.

Opening
Early
2023



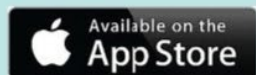
Palliative Care

A service to improve quality of life for patients and families dealing with serious illnesses. Palliative care can be received in our Homeward Bound program, in nursing homes, at our health centers and through our regional hospital partners.

Hudson Headwaters announces the realignment of its long-term care and supportive care services, now known as Hudson Headwaters Pathways. Read more about the program [here](#).

Your Health in Your Hands

New Hudson Headwaters Mobile App

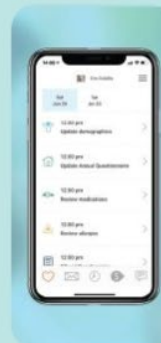


Download from
Google Play and the Apple Store

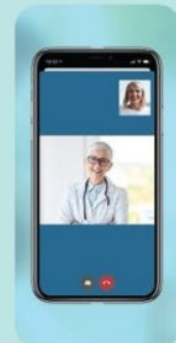
**App available to use after appointments are made*



Complete your check-in
ahead of time for in-
person and telehealth
appointments



Update medical
history and insurance,
review medications
and allergies



Talk to your provider
during telehealth
appointments from
your mobile device

New technology at Hudson Headwaters empowers patients to access and manage their care from anywhere. See what's new [here](#).

This newsletter is brought to you by our Business Donors



Jumbo's Club
At The Point

[Learn more about our NEW business donor recognition program](#)

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