

# USING YOUR SELF-TEST KIT | COVID-19 |

**1** Follow instructions very carefully.



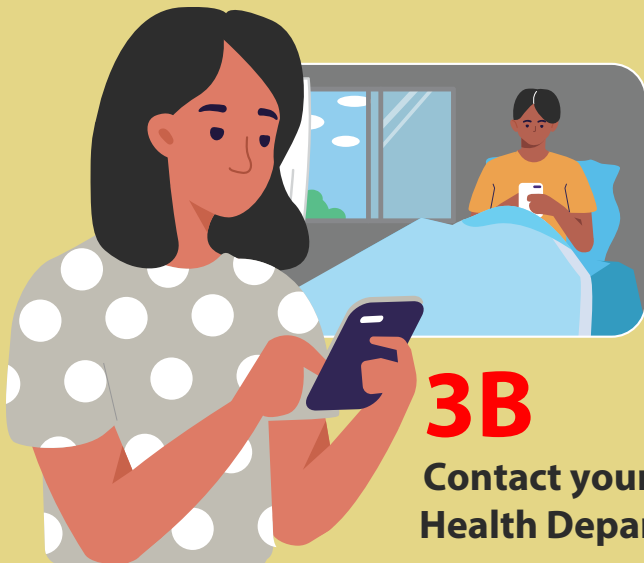
Use the QR code below for more information about self-testing and how-to videos.

**2**



**3A** If your results are positive Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19. See 3B below.



**3B** Contact your County Health Department.

**4**



Call your health care provider with any questions, including if you have worsening COVID-19 symptoms.

Find your County Health Department's contact information at [www.HHHN.org](http://www.HHHN.org)

[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

