What if I'm very sick or have an emergency? Who do I call?

If you are very sick or have an emergency, we strongly recommend that you call 911. The hospital Emergency Care Center will be the best option for you under these circumstances. Hudson Headwaters' doctors and providers work together to care for their patients in the hospital. If it is necessary for you to stay in the hospital, you can rest assured that information about your care will be sent to your primary care provider.

Homeward Bound:
Bringing Health Care Home

A home-based primary care program for our frail and home-bound patients living in the greater Glens Falls area.

A Guide for Patients and Families

www.hhhn.org
Our goal is to bring primary health care to you at home when your illness or health condition makes it too challenging for you to travel to your primary care provider at your Health Center.

The Homeward Bound team is committed to caring for your overall health.

This program is for Hudson Headwaters’ frail and/or elderly homebound patients living in the greater Glens Falls area. If you are over 65 years old or disabled, with chronic health problems that keep you homebound, the Homeward Bound team may be able to help. It is important for you to discuss this with your current primary care provider. All Homeward Bound medical staff are Hudson Headwaters health center providers. Do not hesitate to call for more information: (518) 798-1859.

Dan Sooriabalan, MD, Patricia Auer, DNP, Alicia Earley, NP, Glen Anderson, PA-C, and Gail Aiken, CMRN lead this team of health care staff. Photos and brief bios are available on our website: www.hhhn.org.

We will bring primary health care services to you in your home. Depending on your circumstances, the doctor or nurse practitioner may:

- Record your medical history and give you a comprehensive physical examination.
- Review your current health condition and chronic health issues.
- Make recommendations on diet and exercise.
- Prescribe medications based on your medical history and physical exam.
- Refer certain aspects of your ongoing care to health care specialists.
- Order diagnostic testing such as x-rays, EKG, CT scans, or lab/blood tests.
- Help coordinate your health care services with other services you may be receiving.

You and your health care provider must be comfortable with transferring your care to the Hudson Headwaters’ Homeward Bound team. Therefore, we encourage you to speak with your current provider about it. You are also welcome to call us directly for more information about the program: (518) 798-1859.