

2009 HHHN Age Groups

Age-Group Results Including Winners
 Hudson Headwaters
 Care For Kids 5K Run
 Sunday August 2, 2009 9:00AM
 Chestertown to Brant Lake, NY

MALE AGE GROUP: 01 - 10

| | | | | | | |
|---|-----|----------------|----|------------------|----|-------|
| 1 | 59 | Andrew Murphy | 10 | Glens Falls | NY | 25:45 |
| 2 | 60 | George Baughan | 10 | Wyndmoor | PA | 25:45 |
| 3 | 152 | Dorian McMath | 09 | Chestertown | NY | 31:30 |
| 4 | 170 | Thomas Socolof | 09 | Queensbury | NY | 32:42 |
| 5 | 193 | Lucas Parzych | 09 | Niskayuna | NY | 34:40 |
| 6 | 217 | Andrew Jenet | 07 | Maverne | NY | 39:08 |
| 7 | 283 | Henry Jenet | 09 | Malverne | NY | 44:45 |
| 8 | 322 | Declan Ladd | 05 | Saratoga Springs | NY | 48:35 |
| 9 | 330 | Jamsie Cronin | 10 | Warrensburg | NY | 49:11 |

FEMALE AGE GROUP: 01 - 10

| | | | | | | |
|----|-----|----------------------|----|---------------|----|---------|
| 1 | 119 | Carly Perlmutter | 10 | Point 0 Pines | | 29:14 |
| 2 | 130 | MacKenzie Curtin | 08 | Cohocton | NY | 29:58 |
| 3 | 203 | Jolie Lerner | 09 | Point 0 Pines | | 36:26 |
| 4 | 205 | Rebecca Macey | 10 | Point 0 Pines | | 36:28 |
| 5 | 215 | Gabrielle Feuerstein | 08 | Point 0 Pines | | 39:04 |
| 6 | 216 | Natalie Rosier | 09 | Point 0 Pines | | 39:08 |
| 7 | 223 | Emily Richman | 10 | Point 0 Pines | | 39:29 |
| 8 | 234 | Erica Shapse | 10 | Point 0 Pines | | 40:43 |
| 9 | 237 | Samantha Striar | 10 | Point 0 Pines | | 40:52 |
| 10 | 242 | Carly Chaskin | 10 | Point 0 Pines | | 41:40 |
| 11 | 254 | Kameron Lloyd | 07 | Toronto | ON | 42:34 |
| 12 | 264 | Nicole Solomon | 10 | Point 0 Pines | | 43:25 |
| 13 | 273 | Emily Hirsch | 10 | Point 0 Pines | | 43:51 |
| 14 | 290 | Olivia Weiser | 10 | Point 0 Pines | | 45:18 |
| 15 | 310 | Lily Spitalny | 09 | Point 0 Pines | | 46:28 |
| 16 | 319 | Victoria Katz | 10 | Point 0 Pines | | 48:18 |
| 17 | 329 | Alex Carrion | 10 | Lake George | NY | 49:09 |
| 18 | 334 | Jordan Wachsmann | 08 | Point 0 Pines | | 49:29 |
| 19 | 340 | Rachel Feinblatt | 09 | Point 0 Pines | | 50:36 |
| 20 | 341 | Sydney Cooper | 09 | Chestertown | NY | 50:44 |
| 21 | 343 | Sophie Klaiman | 09 | Point 0 Pines | | 51:02 |
| 22 | 344 | Sydney Allen | 10 | Point 0 Pines | | 51:09 |
| 23 | 357 | Ava Golberger | 09 | Point 0 Pines | | 51:25 |
| 24 | 358 | Danielle Krinsky | 09 | Point 0 Pines | | 51:26 |
| 25 | 360 | Kirsten Brownell | 09 | Franklin | NJ | 53:14 |
| 26 | 393 | Allie Blicht | 10 | Point 0 Pines | | 59:11 |
| 27 | 395 | Hannah Sirolnick | 10 | Point 0 Pines | | 1:00:45 |

MALE AGE GROUP: 11 - 12

| | | | | | | |
|---|-----|---------------|----|------------------|----|-------|
| 1 | 43 | Nick Sapienza | 12 | Chestertown | NY | 24:40 |
| 2 | 96 | Mateo Parzych | 11 | Niskayuna | NY | 27:48 |
| 3 | 109 | Nolan Murphy | 11 | Glens Falls | NY | 28:49 |
| 4 | 116 | Cameron Bray | 11 | Glens Falls | NY | 29:05 |
| 5 | 136 | Tyler McMath | 11 | Chestertown | NY | 30:29 |
| 6 | 185 | Jack Ladd | 12 | Saratoga Springs | NY | 33:38 |

FEMALE AGE GROUP: 11 - 12

| | | | | | | |
|---|-----|------------------|----|---------------|----|-------|
| 1 | 69 | Ryan Sandler | 12 | Point 0 Pines | | 26:37 |
| 2 | 77 | Sabrina Berman | 12 | Point 0 Pines | | 26:57 |
| 3 | 91 | Danielle Ezratty | 12 | Point 0 Pines | | 27:35 |
| 4 | 115 | Caroline Terens | 11 | Point 0 Pines | | 29:02 |
| 5 | 122 | Maggie Lohrer | 11 | Alexandria | VA | 29:22 |
| 6 | 133 | Sofia Robbins | 12 | Chestertown | NY | 30:20 |
| 7 | 140 | Amanda Shuster | 12 | Point 0 Pines | | 30:51 |
| 8 | 145 | Johanna Suskin | 12 | Point 0 Pines | | 30:57 |

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2009 HHHN Age Groups

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|----|-------------------------------|------------------|----|--------|
| 9 | 148 Sydney Bernstein | 11 Point 0 Pines | | 31: 15 |
| 10 | 157 Samantha Warmkessel | 11 Sellersville | PA | 31: 42 |
| 11 | 159 Gabrielle Inzone | 11 Point 0 Pines | | 31: 56 |
| 12 | 162 Carly Feinblatt | 12 Point 0 Pines | | 32: 06 |
| 13 | 181 Cori Pitiger | 11 Point 0 Pines | | 33: 22 |
| 14 | 183 Avery Allen | 12 Point 0 Pines | | 33: 25 |
| 15 | 207 Ashley Herzig | 12 Point 0 Pines | | 36: 38 |
| 16 | 224 Michka Capriles | 12 Point 0 Pines | | 39: 30 |
| 17 | 230 Savannah White | 12 Point 0 Pines | | 39: 37 |
| 18 | 232 Brittany Kaplan | 12 Point 0 Pines | | 40: 30 |
| 19 | 240 Dena Behar | 11 Point 0 Pines | | 41: 23 |
| 20 | 241 Natalie Soli | 11 Point 0 Pines | | 41: 31 |
| 21 | 260 Olivia Kotler | 11 Point 0 Pines | | 42: 45 |
| 22 | 261 Rachel Horowitz | 11 Point 0 Pines | | 43: 05 |
| 23 | 267 Gillian Halper | 11 Point 0 Pines | | 43: 37 |
| 24 | 270 Shelby Chasin | 11 Point 0 Pines | | 43: 44 |
| 25 | 271 Casey Berkowitz | 12 Point 0 Pines | | 43: 47 |
| 26 | 272 Abigail Katz | 12 Point 0 Pines | | 43: 50 |
| 27 | 285 Anna Kuritzkes | 11 Point 0 Pines | | 44: 50 |
| 28 | 291 Lindsey Taylor | 11 Point 0 Pines | | 45: 19 |
| 29 | 293 Sydney Ezratty | 12 Point 0 Pines | | 45: 24 |
| 30 | 295 Kelsey Clifford | 11 Point 0 Pines | | 45: 25 |
| 31 | 320 Alexandra Nissan | 11 Point 0 Pines | | 48: 23 |
| 32 | 321 Paige Solender | 11 Point 0 Pines | | 48: 26 |
| 33 | 325 Magdalena Fernandez Padro | 12 Point 0 Pines | | 48: 51 |
| 34 | 326 Seryna Meisel | 12 Point 0 Pines | | 48: 51 |
| 35 | 327 Alexandra Rose | 12 Point 0 Pines | | 48: 51 |
| 36 | 352 Taryn Silver | 12 Point 0 Pines | | 51: 12 |
| 37 | 367 Paige Walken | 11 Point 0 Pines | | 55: 16 |
| 38 | 379 Jessica Graber | 12 Point 0 Pines | | 56: 56 |

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MALE AGE GROUP: 13 - 14

| | | | | |
|----|----------------------|--------------------|----|--------|
| 1 | 15 Spenser Heller | 14 Brant Lake Camp | | 21: 32 |
| 2 | 18 Ryan Carpenter | 13 Sherman | NY | 22: 17 |
| 3 | 28 Anthony Sapienza | 13 Chestertown | NY | 23: 10 |
| 4 | 29 Matthew Hayden | 14 North Creek | NY | 23: 12 |
| 5 | 40 Ricky Horwitz | 14 Brant Lake Camp | | 24: 26 |
| 6 | 44 Justin Breslin | 14 Brant Lake Camp | | 24: 46 |
| 7 | 45 Matthew Mangini | 14 Brant Lake | NY | 24: 47 |
| 8 | 47 Oliver Rosen | 14 Brant Lake Camp | | 24: 55 |
| 9 | 68 Jared Mactas | 14 Brant Lake Camp | | 26: 28 |
| 10 | 76 Alex Brownell | 14 Franklin | NJ | 26: 56 |
| 11 | 86 Kurt Shuster | 14 Brant Lake Camp | | 27: 25 |
| 12 | 94 Josh Bluestine | 14 Brant Lake Camp | | 27: 42 |
| 13 | 97 Ben Reisman | 13 Brant Lake Camp | | 27: 53 |
| 14 | 125 Alex Senft | 14 Brant Lake Camp | | 29: 42 |
| 15 | 154 Ross Mirskinn | 14 Brant Lake Camp | | 31: 37 |
| 16 | 176 Jared Goldstern | 14 Brant Lake Camp | | 33: 00 |
| 17 | 195 Jon Garfinkle | 14 Brant Lake Camp | | 34: 49 |
| 18 | 206 Max Bernstein | 14 Brant Lake Camp | | 36: 28 |
| 19 | 239 Dylan Larson | 13 Sandiego | CA | 41: 16 |
| 20 | 248 Evan Hendel | 13 Brant Lake Camp | | 42: 17 |
| 21 | 250 Justin Pollack | 14 Brant Lake Camp | | 42: 22 |
| 22 | 251 Miles Bonomo | 13 Brant Lake Camp | | 42: 23 |
| 23 | 252 Michael Halperin | 14 Brant Lake Camp | | 42: 25 |
| 24 | 253 Josh Yardeni | 14 Brant Lake Camp | | 42: 32 |
| 25 | 257 Gabriel Alagna | 14 Brant Lake Camp | | 42: 38 |
| 26 | 265 Brian Halperin | 14 Brant Lake Camp | | 43: 29 |
| 27 | 266 Jeremy Neporent | 13 Brant Lake Camp | | 43: 35 |
| 28 | 328 Jacob Wallach | 14 Brant Lake Camp | | 49: 02 |

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FEMALE AGE GROUP: 13 - 14

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|---|---------------|---------------|----|--------|
| 1 | 19 Abby Hal m | 14 Alexandria | VA | 22: 18 |
|---|---------------|---------------|----|--------|

2009 HHHN Age Groups

| | | | | | | |
|----|-----|---------------------|----|----------------|----|-----------|
| 2 | 88 | Alexa Ebner | 14 | Point 0 Pines | | 27: 30 |
| 3 | 100 | Madeline Penn | 14 | Point 0 Pines | | 28: 04 |
| 4 | 101 | Taylor Warmkessel | 14 | Sellersville | PA | 28: 09 |
| 5 | 138 | Jamie Rosen | 14 | Point 0 Pines | | 30: 36 |
| 6 | 139 | Deirdre Kerwin | 13 | Point 0 Pines | | 30: 50 |
| 7 | 144 | Katharine Mulderry | 13 | Bolton Landing | NY | 30: 56 |
| 8 | 160 | Emma Halper | 14 | Point 0 Pines | | 32: 01 |
| 9 | 184 | Ryan Cohane | 13 | Point 0 Pines | | 33: 37 |
| 10 | 186 | Melissa Ramos | 14 | Point 0 Pines | | 33: 46 |
| 11 | 187 | Talia Greenberg | 13 | Point 0 Pines | | 33: 57 |
| 12 | 197 | Harlie Silver | 14 | Point 0 Pines | | 36: 13 |
| 13 | 200 | Joanna Ezratty | 14 | Point 0 Pines | | 36: 18 |
| 14 | 201 | Fabiana Morales | 13 | Point 0 Pines | | 36: 20 |
| 15 | 214 | Nora Gray | 13 | Point 0 Pines | | 39: 02 |
| 16 | 220 | Alexandra Eglow | 14 | Point 0 Pines | | 39: 18 |
| 17 | 221 | Julia Canick | 14 | Point 0 Pines | | 39: 19 |
| 18 | 222 | Amanda Ritter | 13 | Point 0 Pines | | 39: 27 |
| 19 | 225 | Amanda Weinstein | 13 | Point 0 Pines | | 39: 32 |
| 20 | 226 | Ashley Volpert | 13 | Point 0 Pines | | 39: 33 |
| 21 | 227 | Bailee Jacobson | 13 | Point 0 Pines | | 39: 33 |
| 22 | 228 | Hannah Needle | 13 | Point 0 Pines | | 39: 34 |
| 23 | 229 | Jessi Ellin | 13 | Point 0 Pines | | 39: 34 |
| 24 | 233 | Raquel Levy | 13 | Point 0 Pines | | 40: 34 |
| 25 | 244 | Olivia Cornet | 13 | Point 0 Pines | | 42: 07 |
| 26 | 245 | Nicole Lieblisch | 13 | Point 0 Pines | | 42: 11 |
| 27 | 247 | Chloe Hess | 13 | Point 0 Pines | | 42: 13 |
| 28 | 249 | Lauren Shapse | 13 | Point 0 Pines | | 42: 21 |
| 29 | 258 | Alexa Hirschberg | 13 | Point 0 Pines | | 42: 44 |
| 30 | 259 | Abigail Bacharach | 13 | Point 0 Pines | | 42: 45 |
| 31 | 262 | Carly Sandler | 14 | Point 0 Pines | | 43: 05 |
| 32 | 263 | Julia Sokoloff | 13 | Point 0 Pines | | 43: 25 |
| 33 | 274 | Andi Berman | 14 | Point 0 Pines | | 43: 56 |
| 34 | 275 | Jessica Mangano | 14 | Point 0 Pines | | 44: 24 |
| 35 | 286 | Sophie Kaldenhoven | 13 | Point 0 Pines | | 44: 52 |
| 36 | 287 | Alexa Epstein | 13 | Point 0 Pines | | 45: 05 |
| 37 | 292 | Emily Salove | 13 | Point 0 Pines | | 45: 20 |
| 38 | 297 | Nicole Berkman | 13 | Point 0 Pines | | 45: 26 |
| 39 | 298 | Brooke Solomon | 14 | Point 0 Pines | | 45: 26 |
| 40 | 309 | Samantha Spitalny | 13 | Point 0 Pines | | 46: 25 |
| 41 | 315 | Eliana Sokoloff | 14 | Point 0 Pines | | 47: 14 |
| 42 | 316 | Sarah Zandi | 14 | Point 0 Pines | | 47: 20 |
| 43 | 345 | Olivia Glick | 14 | Point 0 Pines | | 51: 09 |
| 44 | 350 | Jamie Kaplan | 14 | Point 0 Pines | | 51: 11 |
| 45 | 355 | Julia Schaevi tz | 14 | Point 0 Pines | | 51: 24 |
| 46 | 368 | Sydney Hammer | 14 | Point 0 Pines | | 56: 12 |
| 47 | 369 | Lauren Blicht | 14 | Point 0 Pines | | 56: 12 |
| 48 | 370 | Sydney Gol dberger | 14 | Point 0 Pines | | 56: 13 |
| 49 | 371 | Ashley Berliner | 14 | Point 0 Pines | | 56: 13 |
| 50 | 372 | Emily Perelman | 14 | Point 0 Pines | | 56: 14 |
| 51 | 373 | Jenna Chernin | 14 | Point 0 Pines | | 56: 15 |
| 52 | 374 | Julie Pliskin | 14 | Point 0 Pines | | 56: 15 |
| 53 | 380 | Margo Bender | 13 | Point 0 Pines | | 56: 56 |
| 54 | 387 | Jillian Dressler | 13 | Point 0 Pines | | 57: 44 |
| 55 | 394 | Ally Meyerowitz | 14 | Point 0 Pines | | 1: 00: 45 |
| 56 | 402 | Brooke Meyers | 14 | Point 0 Pines | | 1: 02: 05 |
| 57 | 403 | Samantha Schaevi tz | 14 | Point 0 Pines | | 1: 02: 05 |
| 58 | 406 | Halley Mangano | 14 | Point 0 Pines | | 1: 02: 06 |

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MALE AGE GROUP: 15 - 16

| | | | | | | |
|---|----|---------------|----|-----------------|----|--------|
| 1 | 13 | Max Hoberman | 15 | Brant Lake Camp | | 21: 22 |
| 2 | 20 | Kyle Hoberman | 15 | Brant Lake Camp | | 22: 21 |
| 3 | 30 | Max Parker | 15 | Al tamont | NY | 23: 12 |
| 4 | 33 | Josh Rosen | 15 | Brant Lake Camp | | 23: 23 |

2009 HHHN Age Groups

| | | | | |
|----|-------------------------|--------------------|----|-----------|
| 5 | 52 Marc Goldberg | 15 Brant Lake Camp | | 25: 16 |
| 6 | 54 Ben Platt | 15 Brant Lake Camp | | 25: 28 |
| 7 | 55 Jon Furman | 15 Brant Lake Camp | | 25: 30 |
| 8 | 67 Jon Rothman | 15 Brant Lake Camp | | 26: 18 |
| 9 | 74 Evan Rossman | 15 Brant Lake Camp | | 26: 53 |
| 10 | 80 Zach Needle | 15 Brant Lake Camp | | 27: 02 |
| 11 | 98 Solomon Seckler | 15 Brant Lake Camp | | 27: 55 |
| 12 | 174 Roth Bernstein | 15 Brant Lake Camp | | 32: 56 |
| 13 | 177 Brandon Bernstein | 15 Brant Lake Camp | | 33: 02 |
| 14 | 192 Elizabeth Wos | 15 Rensselaer | NY | 34: 29 |
| 15 | 276 David Hoffman | 15 Brant Lake Camp | | 44: 24 |
| 16 | 277 Nick Wiener | 15 Brant Lake Camp | | 44: 38 |
| 17 | 278 Max Hulsh | 15 Brant Lake Camp | | 44: 39 |
| 18 | 279 Jack Styne | 15 Brant Lake Camp | | 44: 39 |
| 19 | 280 Alex Ellin | 15 Brant Lake Camp | | 44: 42 |
| 20 | 281 Zach Rogers | 15 Brant Lake Camp | | 44: 43 |
| 21 | 282 Ben Fife | 15 Brant Lake Camp | | 44: 44 |
| 22 | 284 Jake Saltzman | 15 Brant Lake Camp | | 44: 46 |
| 23 | 303 Max Bartman | 16 Brant Lake Camp | | 45: 31 |
| 24 | 304 Eric Shoenbach | 16 Brant Lake Camp | | 45: 35 |
| 25 | 306 Josh Fayer | 16 Brant Lake Camp | | 46: 21 |
| 26 | 308 Spenser Wizman | 15 Brant Lake Camp | | 46: 24 |
| 27 | 338 Peter Lash | 16 Brant Lake Camp | | 49: 55 |
| 28 | 339 Josh Graber | 15 Brant Lake Camp | | 49: 58 |
| 29 | 381 Willy Landsberg | 15 Brant Lake Camp | | 56: 59 |
| 30 | 382 Greg Hascoe | 15 Brant Lake Camp | | 56: 59 |
| 31 | 383 Eric Jacobs | 16 Brant Lake Camp | | 57: 18 |
| 32 | 384 Ryan Cooper | 16 Brant Lake Camp | | 57: 18 |
| 33 | 386 Arden Franklin, Jr. | 16 Brant Lake Camp | | 57: 32 |
| 34 | 396 Bradley Schwartz | 15 Brant Lake Camp | | 1: 00: 57 |
| 35 | 397 Matt Dirzulaitis | 16 Brant Lake Camp | | 1: 01: 05 |
| 36 | 400 Jordan Pollack | 16 Brant Lake Camp | | 1: 02: 02 |
| 37 | 401 Andrew Braunstein | 16 Brant Lake Camp | | 1: 02: 04 |

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FEMALE AGE GROUP: 15 - 16

| | | | | |
|----|------------------------|-------------------|----|--------|
| 1 | 27 Kiera Warner | 15 Chestertown | NY | 22: 53 |
| 2 | 31 Anka Parzych | 15 Niskayuna | NY | 23: 15 |
| 3 | 51 Annie Nyberg | 16 Old Lyme | CT | 25: 12 |
| 4 | 61 Molly Merkel | 16 Arlington | VA | 25: 46 |
| 5 | 104 Juliana Gensheimer | 16 Amherst | MA | 28: 33 |
| 6 | 149 Kasey Winshall | 15 Point 0 Pines | | 31: 22 |
| 7 | 161 Gabrielle Manoff | 15 Point 0 Pines | | 32: 04 |
| 8 | 175 Madeline Mulderry | 15 Bolton Landing | NY | 33: 00 |
| 9 | 179 Nicole Cornet | 15 Point 0 Pines | | 33: 08 |
| 10 | 202 Elena Behar | 15 Point 0 Pines | | 36: 23 |
| 11 | 212 Monica Anreani | 15 Bolton Landing | NY | 37: 51 |
| 12 | 268 Elizabeth Birnbaum | 15 Point 0 Pines | | 43: 43 |
| 13 | 269 Lauren Padover | 15 Point 0 Pines | | 43: 44 |
| 14 | 288 Jordan Gruber | 15 Point 0 Pines | | 45: 05 |
| 15 | 289 Allison Safir | 15 Point 0 Pines | | 45: 17 |
| 16 | 294 Chandler Bonomo | 15 Point 0 Pines | | 45: 25 |
| 17 | 296 Cydney Eckert | 15 Point 0 Pines | | 45: 25 |
| 18 | 299 Haleigh Hammer | 15 Point 0 Pines | | 45: 27 |
| 19 | 301 Nicole Volpert | 15 Point 0 Pines | | 45: 28 |
| 20 | 302 Julie Schorr | 15 Point 0 Pines | | 45: 30 |
| 21 | 313 Emily Lichtenberg | 15 Point 0 Pines | | 46: 56 |
| 22 | 314 Lauren Goldberg | 15 Point 0 Pines | | 47: 14 |
| 23 | 346 Caitlin Goldberg | 15 Point 0 Pines | | 51: 10 |
| 24 | 347 Alison Malat | 15 Point 0 Pines | | 51: 10 |
| 25 | 348 Haley Milowitz | 15 Point 0 Pines | | 51: 10 |
| 26 | 349 Katie Loshak | 15 Point 0 Pines | | 51: 11 |
| 27 | 351 Ali Finkelstein | 15 Point 0 Pines | | 51: 12 |
| 28 | 353 Zoe Pleasure | 15 Point 0 Pines | | 51: 13 |

2009 HHHN Age Groups

| | | | | | | |
|----|-----|------------------|----|---------------|----|-----------|
| 29 | 354 | Lauren Kotler | 15 | Point 0 Pines | | 51: 13 |
| 30 | 356 | Kimberly Ballen | 15 | Point 0 Pines | | 51: 25 |
| 31 | 361 | Corbin Brownell | 16 | Franklin | NJ | 53: 16 |
| 32 | 404 | Nicole Kramer | 15 | Point 0 Pines | | 1: 02: 06 |
| 33 | 405 | Katie Blumenfeld | 15 | Point 0 Pines | | 1: 02: 06 |

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MALE AGE GROUP: 17 - 29

| | | | | | | |
|----|-----|-------------------|----|------------------|----|--------|
| 1 | 1 | Dave Haverly | 18 | Berne | NY | 18: 50 |
| 2 | 4 | Bryant Symkowiak | 22 | Brant Lake Camp | | 19: 11 |
| 3 | 5 | Chris Riley | 19 | Brant Lake Camp | | 19: 33 |
| 4 | 8 | Lucas Raymond | 20 | Pottersville | NY | 20: 46 |
| 5 | 11 | Alex Hoberman | 18 | Brant Lake Camp | | 21: 15 |
| 6 | 16 | Ben Bremer | 25 | Conshohocken | PA | 22: 14 |
| 7 | 17 | Bryan Guarnier | 26 | Medford | MA | 22: 15 |
| 8 | 24 | Leif Parcell | 19 | Brant Lake Camp | | 22: 47 |
| 9 | 32 | Ryan Molloy | 19 | Brant Lake Camp | | 23: 20 |
| 10 | 36 | Keith Feir | 23 | Brant Lake Camp | | 23: 43 |
| 11 | 37 | Brendan Smith | 24 | Moriah | NY | 24: 12 |
| 12 | 41 | Robert Bassett | 20 | Schaghticoke | NY | 24: 31 |
| 13 | 48 | Ryan Venter | 27 | Glenmont | NY | 24: 59 |
| 14 | 53 | Brandon Wielert | 22 | Brant Lake Camp | | 25: 20 |
| 15 | 66 | Anthony Lashway | 29 | Brant Lake | NY | 26: 05 |
| 16 | 71 | James Kolb | 20 | East Greebush | NY | 26: 38 |
| 17 | 78 | William Wincowski | 29 | Saratoga Springs | NY | 26: 59 |
| 18 | 81 | Alex Marks | 21 | Brant Lake Camp | | 27: 03 |
| 19 | 85 | Bradley Ezratty | 18 | Brant Lake Camp | | 27: 23 |
| 20 | 155 | Kyle Morton | 19 | Brant Lake Camp | | 31: 38 |
| 21 | 164 | Alex Schosheim | 21 | Brant Lake Camp | | 32: 08 |
| 22 | 211 | Eduardo Ramirez | 25 | Point 0 Pines | | 37: 31 |
| 23 | 307 | Dwight Hazelwood | 25 | Brant Lake Camp | | 46: 23 |
| 24 | 385 | David Ohring | 20 | Brant Lake Camp | | 57: 19 |
| 25 | 390 | Gregory Hartt | 23 | Troy | NY | 58: 34 |

FEMALE AGE GROUP: 17 - 29

| | | | | | | |
|----|-----|----------------------|----|----------------|----|--------|
| 1 | 22 | Megan Durkee | 20 | Brant Lake | NY | 22: 22 |
| 2 | 26 | Catherine Barron | 24 | Point 0 Pines | | 22: 53 |
| 3 | 87 | Rachael Swain | 29 | Medford | MA | 27: 26 |
| 4 | 89 | Rebecca Evansky | 29 | Hudson Falls | NY | 27: 33 |
| 5 | 105 | Lydia Gensheimer | 24 | Amherst | MA | 28: 34 |
| 6 | 107 | Rachel Batter | 17 | East Haddam | CT | 28: 44 |
| 7 | 110 | Natalie Rose | 26 | Point 0 Pines | | 28: 53 |
| 8 | 124 | Jennifer Williams | 19 | Ballston Lake | NY | 29: 28 |
| 9 | 126 | Nicola Hayward | 20 | Point 0 Pines | | 29: 45 |
| 10 | 127 | Lauren Kremer | 22 | Point 0 Pines | | 29: 47 |
| 11 | 134 | Alicia Collier | 24 | Gansevoort | NY | 30: 23 |
| 12 | 146 | Taylor Simmons | 22 | Point 0 Pines | | 31: 00 |
| 13 | 147 | Emily Elandt | 22 | Point 0 Pines | | 31: 06 |
| 14 | 150 | Erica Evans | 22 | Point 0 Pines | | 31: 28 |
| 15 | 153 | Kathryn Polly | 19 | Wexford | PA | 31: 32 |
| 16 | 163 | Jaimie Franks | 21 | Chelsea | MI | 32: 08 |
| 17 | 168 | Nicole Dexter | 17 | Delanson | NY | 32: 41 |
| 18 | 188 | Lauren Calvert | 19 | Point 0 Pines | | 33: 59 |
| 19 | 198 | Lynnette Cole | 19 | Albany | NY | 36: 15 |
| 20 | 199 | Jacquelyn Boyea | 20 | Franklin | MA | 36: 18 |
| 21 | 204 | Carolyn Warren | 23 | Point 0 Pines | | 36: 27 |
| 22 | 213 | Dana Webb | 23 | Point 0 Pines | | 38: 29 |
| 23 | 219 | Kristine Kolb | 23 | East Greenbush | NY | 39: 17 |
| 24 | 300 | Emma Hankins | 19 | Point 0 Pines | | 45: 27 |
| 25 | 305 | Jamie Hayes | 29 | Brant Lake | NY | 45: 49 |
| 26 | 335 | Sarah Norris | 22 | Point 0 Pines | | 49: 30 |
| 27 | 375 | Allison Perelman | 17 | Point 0 Pines | | 56: 19 |
| 28 | 391 | Jenney Anne Stringer | 23 | Manlius | NY | 58: 34 |

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MALE AGE GROUP: 30 - 34

2009 HHHN Age Groups

| | | | | | | |
|----|-----|----------------------|----|---------------|----|--------|
| 1 | 3 | Long Truong | 32 | Ottawa | ON | 19: 05 |
| 2 | 6 | Timothy Mousaw | 32 | Rochester | NY | 20: 25 |
| 3 | 35 | Ryan Contino | 30 | Staten Island | NY | 23: 34 |
| 4 | 38 | Daniel Geraghty | 34 | Brant Lake | NY | 24: 13 |
| 5 | 42 | John Evansky | 31 | Hudson Falls | NY | 24: 33 |
| 6 | 56 | Matthew Smith | 30 | Schenectady | NY | 25: 37 |
| 7 | 83 | Kenneth Ruggiero | 31 | Warwick | NY | 27: 15 |
| 8 | 189 | Caleb Martin | 34 | Warrensburg | NY | 34: 00 |
| 9 | 196 | Jon-Paul Crevoiserat | 31 | Nanuet | NY | 35: 48 |
| 10 | 218 | Michael Hartt | 30 | Washington | DC | 39: 10 |

FEMALE AGE GROUP: 30 - 34

| | | | | | | |
|---|-----|-----------------------|----|--------------|----|--------|
| 1 | 92 | McKenzie Jones | 31 | Queensbury | NY | 27: 35 |
| 2 | 93 | Claire Cantwell-Jones | 30 | Saranac Lake | NY | 27: 36 |
| 3 | 165 | Amanda Schaffer | 32 | Fort Edward | NY | 32: 11 |
| 4 | 173 | Catherine Cappello | 31 | Lyndhurst | NJ | 32: 47 |
| 5 | 190 | Brianna Martin | 30 | Warrensburg | NY | 34: 22 |
| 6 | 208 | Jill Walls | 34 | Glens Falls | NY | 37: 02 |

MALE AGE GROUP: 35 - 39

| | | | | | | |
|---|-----|---------------|----|-------------|----|--------|
| 1 | 39 | Timothy Smith | 35 | New York | NY | 24: 21 |
| 2 | 58 | John Oliver | 39 | Guiderland | NY | 25: 44 |
| 3 | 72 | Mark DeMers | 38 | Glens Falls | NY | 26: 48 |
| 4 | 108 | Chris Keating | 39 | Kinderhook | NY | 28: 47 |
| 5 | 117 | Pat Murphy | 39 | Glens Falls | NY | 29: 08 |
| 6 | 129 | Paul Jensen | 38 | Warrensburg | NY | 29: 54 |
| 7 | 135 | JR Schaffer | 35 | Fort Edward | NY | 30: 28 |
| 8 | 256 | Ricky Lloyd | 39 | Toronto | ON | 42: 37 |

FEMALE AGE GROUP: 35 - 39

| | | | | | | |
|---|-----|------------------|----|---------------|----|--------|
| 1 | 57 | Susanne Hayden | 39 | North Creek | NY | 25: 43 |
| 2 | 64 | Beth Gillingham | 36 | Queensbury | NY | 25: 58 |
| 3 | 79 | Julie Keating | 39 | Kinderhook | NY | 27: 01 |
| 4 | 156 | Kathy Callahan | 39 | Moriah Ctr. | NY | 31: 39 |
| 5 | 255 | Dana Lloyd | 38 | Toronto | ON | 42: 36 |
| 6 | 362 | Jennifer Marrero | 39 | Albany | NY | 53: 26 |
| 7 | 388 | Caressa Himoff | 35 | Point O Pines | | 57: 54 |

MALE AGE GROUP: 40 - 44

| | | | | | | |
|---|-----|-----------------|----|--------------|----|--------|
| 1 | 34 | Joseph Abdy | 44 | South Plains | NJ | 23: 24 |
| 2 | 65 | Nick Baughan | 40 | Wyndmoor | PA | 26: 00 |
| 3 | 112 | Sean Thompson | 42 | Albany | NY | 28: 55 |
| 4 | 114 | Dan Serviss | 40 | Albany | NY | 28: 59 |
| 5 | 166 | Gary Zimmer | 43 | Woodbridge | NJ | 32: 31 |
| 6 | 167 | Robert Rouse | 41 | Fort Ann | NY | 32: 40 |
| 7 | 194 | Mike Parzych | 43 | Niskayuna | NY | 34: 46 |
| 8 | 332 | Scott Cleveland | 43 | Bakers Mills | NY | 49: 28 |
| 9 | 366 | Mike Nass | 42 | New York | NY | 53: 43 |

FEMALE AGE GROUP: 40 - 44

| | | | | | | |
|----|-----|------------------|----|------------------|----|--------|
| 1 | 2 | Eileen Baughan | 40 | Wyndmoor | PA | 19: 04 |
| 2 | 50 | Robin Murray | 40 | Clifton Park | NY | 25: 09 |
| 3 | 111 | Jessica McMath | 41 | Chestertown | NY | 28: 54 |
| 4 | 113 | Judi Sprague | 42 | Albany | NY | 28: 59 |
| 5 | 120 | Deidre Ladd | 42 | Saratoga Springs | NY | 29: 18 |
| 6 | 141 | Jennifer Martin | 43 | Montclair | NJ | 30: 54 |
| 7 | 169 | Christine Zimmer | 43 | Woodbridge | NJ | 32: 42 |
| 8 | 178 | Trudy Phillips | 41 | Thurman | NY | 33: 07 |
| 9 | 182 | Kelly Tamlinson | 40 | Quaker Hill | CT | 33: 23 |
| 10 | 331 | Donna Cleveland | 44 | Bakers Mills | NY | 49: 26 |
| 11 | 337 | Cindy Carri on | 44 | Lake George | NY | 49: 43 |
| 12 | 342 | Shari Cooper | 42 | Chestertown | NY | 50: 45 |
| 13 | 359 | Emily Brownell | 44 | Franklin | NY | 53: 13 |
| 14 | 377 | Melissa Cheeney | 44 | Adirondack | NY | 56: 52 |
| 15 | 389 | Marre Jenet | 41 | Malvern | NY | 58: 28 |

MALE AGE GROUP: 45 - 49

| | | | | | | |
|---|---|----------------|----|----------|----|--------|
| 1 | 9 | David Brownell | 49 | Franklin | NJ | 20: 47 |
|---|---|----------------|----|----------|----|--------|

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2009 HHHN Age Groups

| | | | | | | |
|----|-----|-----------------|----|------------------|----|--------|
| 2 | 10 | Danny Bernstein | 47 | Brant Lake | NY | 20: 51 |
| 3 | 12 | Marty Bates | 48 | Odessa | FL | 21: 20 |
| 4 | 21 | John Durkee | 47 | West Chester | PA | 22: 22 |
| 5 | 23 | Eric Dickinson | 48 | Lake Wales | FL | 22: 35 |
| 6 | 62 | Paul Turner | 48 | West Islip | NY | 25: 50 |
| 7 | 103 | John O' Bryan | 49 | Troy | NY | 28: 28 |
| 8 | 106 | Lawrence Warner | 47 | Chestertown | NY | 28: 42 |
| 9 | 123 | Jack Lohrer | 45 | Alexandria | VA | 29: 28 |
| 10 | 142 | Robert Lohrer | 47 | | NJ | 30: 55 |
| 11 | 172 | Elias Socolof | 47 | Queensbury | NY | 32: 46 |
| 12 | 323 | Michael Ladd | 45 | Saratoga Springs | NY | 48: 35 |

FEMALE AGE GROUP: 45 - 49

| | | | | | | |
|---|-----|--------------------|----|----------------|----|--------|
| 1 | 84 | Alexandria Anreani | 49 | Bolton Landing | NY | 27: 17 |
| 2 | 95 | Dorie Stevenson | 49 | Queensbury | NY | 27: 47 |
| 3 | 151 | Beth Bernstein | 46 | Brant Lake | NY | 31: 28 |
| 4 | 311 | Cynthia Hill | 49 | Chestertown | NY | 46: 32 |
| 5 | 318 | Mary Polly | 48 | Wexford | PA | 48: 04 |
| 6 | 324 | Susan Perelman | 46 | Point O Pines | | 48: 37 |
| 7 | 336 | Jeannie Cronin | 49 | Warrensburg | NY | 49: 43 |

MALE AGE GROUP: 50 - 54

| | | | | | | |
|---|-----|------------------|----|----------------|----|--------|
| 1 | 46 | Tom Hertzler | 51 | Sandy Creek | NY | 24: 53 |
| 2 | 49 | Russell Danforth | 52 | Wilton | NY | 25: 04 |
| 3 | 90 | Jack Latchford | 52 | Chestertown | NY | 27: 34 |
| 4 | 118 | Mark Carpenter | 50 | Chestertown | NY | 29: 09 |
| 5 | 246 | Richard Polly | 53 | Wexford | PA | 42: 11 |
| 6 | 317 | John Kolb | 52 | East Greenbush | NY | 47: 20 |

FEMALE AGE GROUP: 50 - 54

| | | | | | | |
|---|-----|-----------------|----|----------------|----|--------|
| 1 | 14 | Marcella Teran | 54 | SanDiego | CA | 21: 27 |
| 2 | 75 | Gail Danforth | 52 | Wilton | NY | 26: 55 |
| 3 | 82 | Karen Maher | 54 | Burlington | VT | 27: 08 |
| 4 | 137 | Joanne Watkins | 50 | Queensbury | NY | 30: 34 |
| 5 | 158 | Karen O'Brien | 50 | Queensbury | NY | 31: 53 |
| 6 | 180 | Dorothy Soranno | 54 | Charleston | SC | 33: 16 |
| 7 | 210 | Mary Kolb | 52 | East Greenbush | NY | 37: 18 |
| 8 | 378 | Rosemary Rounds | 51 | Chestertown | NY | 56: 53 |

MALE AGE GROUP: 55 - 59

| | | | | | | |
|---|-----|----------------|----|-------------|----|--------|
| 1 | 7 | Jerry Merkel | 57 | Arlington | VA | 20: 32 |
| 2 | 25 | Daniel Prosser | 58 | Philmont | NY | 22: 52 |
| 3 | 99 | William Powers | 55 | Di amond Pt | NY | 28: 01 |
| 4 | 102 | George Oswald | 57 | Old Forge | NY | 28: 11 |

FEMALE AGE GROUP: 55 - 59

| | | | | | | |
|---|-----|---------------------|----|-------------|----|--------|
| 1 | 191 | Mari on Oswald | 57 | Old Forge | NY | 34: 23 |
| 2 | 231 | Julia MacDonal d | 58 | Troy | NY | 39: 41 |
| 3 | 235 | Mary Jane Kruegl er | 59 | Latham | NY | 40: 44 |
| 4 | 363 | Linda Casey | 59 | Warrensburg | NY | 53: 27 |
| 5 | 364 | Vicky Palermo | 57 | Queensbury | NY | 53: 41 |
| 6 | 376 | Shelly Williams | 57 | Chestertown | NY | 56: 51 |

MALE AGE GROUP: 60 - 64

| | | | | | | |
|---|-----|----------------|----|-------------|----|--------|
| 1 | 63 | Mac Larson | 61 | SanDiego | CA | 25: 54 |
| 2 | 121 | Davi d Mousaw | 64 | Queensbury | NY | 29: 19 |
| 3 | 131 | Dan Curtin | 62 | Adi rondack | NY | 30: 09 |
| 4 | 143 | John Wagner | 60 | Brant Lake | NY | 30: 55 |
| 5 | 209 | Ed Carl stolen | 60 | | | 37: 03 |
| 6 | 365 | John Ruge | 64 | Queensbury | NY | 53: 42 |
| 7 | 392 | Richard Hartt | 61 | Troy | NY | 58: 35 |

FEMALE AGE GROUP: 60 - 64

| | | | | | | |
|---|-----|-----------------|----|--------------|----|--------|
| 1 | 236 | Sharon Callahan | 60 | Mori ah Ctr. | NY | 40: 45 |
| 2 | 333 | Linda Rauche | 61 | Glenmont | NY | 49: 28 |

MALE AGE GROUP: 65 - 69

| | | | | | | |
|---|-----|-------------------|----|----------------|----|--------|
| 1 | 73 | Richard Popl aski | 66 | Bal lston Lake | NY | 26: 49 |
| 2 | 128 | Harry Robi nson | 69 | Brant Lake | NY | 29: 47 |
| 3 | 238 | James Hi moff | 66 | Point O Pi nes | | 41: 04 |

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| 2009 HHHN Age Groups | | | | | |
|----------------------|-----|--------------------|---------|----------------|----------|
| 4 | 312 | Bernette Bernstein | 69 | Roslyn Harbor | NY 46:38 |
| | | FEMALE AGE GROUP: | 65 - 69 | | |
| 1 | 171 | Dottie Langworthy | 68 | Warrensburg | NY 32:46 |
| | | MALE AGE GROUP: | 70 - 99 | | |
| 1 | 132 | Walt McConnell | 77 | Bolton Landing | NY 30:16 |
| | | FEMALE AGE GROUP: | 70 - 99 | | |
| 1 | 243 | Beanzie Bernstein | 73 | Roslyn Harbor | NY 41:54 |

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